How "A Gift from Captain Buscio" Works

All current and retired firefighters, police, and emergency responders, and their officers are invited to participate in the program throughout the State of New Jersey. They will then have opportunity to receive confidential comprehensive cardiovascular and pulmonary medical evaluations. The medical facility will take the responsibility of billing the participant's insurance provider. These annual examinations are provided by Deborah Heart and Lung Center, and also Hudson County Cardiovascular Care, whose providers are board-certified cardiologists and pulmonologists who have generously offered firefighters, police, and emergency responders medical care that is specific to their profession.

All providers are board certified in the various specialties they provide. Testing will be provided based upon each participant's medical history. Testing may include laboratory, x-ray, pulmonary functions testing, and cardiovascular screening. Upon completion the participant will be provided with a medical report which they can use at their discretion.

All visits will be scheduled by appointment; the medical staff will direct you to what will be needed for the initial visit, such as bringing a list of all medications that you currently may be taking. In addition, fasting the previous night is required for blood work, which is part of the evaluation.

To schedule an appointment, call Deborah Heart and Lung Center at 1-800-555-1990 or Hudson County Cardiology Care at 973-596-1200.

DEBORAH®
Heart and Lung Center
1-800-555-1990
www.deborah.org

Early detection is key for uncovering heart problems

Firefighter saved through Captain Buscio screening program

Never underestimate the value of early screenings. Just ask Bridgeton resident Dan Durand. The 39-year-old career firefighter took advantage of Deborah's "A Gift from Captain Buscio" screening program, which caters to New Jersey's firefighters and police officers. Durand made the trip from the station house in Vineland to the hospital for a routine cardiac checkup. The results gave him the surprise of his life.

"When I had the screening last November, doctors discovered I had a heart murmur," Durand says. "Then I had an echo, which revealed that one of my valves was malfunctioning. This past January, I had my valve replaced at Deborah."

With expert heart surgery by Deborah's Arthur Ng, M.D., Durand was out of the hospital three days later. After recuperating for three months, he was cleared to go back to the firehouse and his full firefighting responsibilities. He remains exceptionally grateful to Deborah.

"I had no symptoms to indicate I had a heart problem," he says. "When I found out right before Christmas that I needed surgery, all I kept thinking was 'How am I going to tell my family?'"

"But now I feel better than ever. I was treated like a king while I was at Deborah, and between the screening and my surgery, I can't say enough nice things about the hospital."

As to his fellow firefighters? Durand is urging them all to take advantage of the screening program.

"Everyone on the shift is coming up now to schedule screenings. I'm walking proof that early detection can help save your life." ❤

A FIREFIGHTER'S GIFT

"A Gift from Captain Buscio" is a screening program established by the widow of 39-year-old firefighter Captain Dominick Buscio, who died of a heart attack just 10 months after having a complete physical. Donna Buscio founded the program in her husband's memory to help detect heart disease, the No. 1 killer of U.S. firefighters.

If you're a N.J. career or volunteer firefighter and would like to learn more about screenings available through the Captain Buscio program, call **1-800-555-1990.**

◀ **Firefighter Dan Durand (here and on our cover) of the Vineland Fire Department underwent a heart-saving screening at Deborah Heart and Lung Center.**

"I'm walking proof that early detection can help save your life."

DEBORAH® Heart and Lung Center

To Schedule An Appointment: 1-800-555-1990

"Gift from Captain Buscio"

Cardiovascular Screening Program
at DEBORAH® Heart and Lung Center
This confidential voluntary-participation program
encourages all NJ Firefighters, Police Members & First Responders statewide
to receive a cardiovascular screening for potential work-related health risks.

Initial tests Deborah offers to first-time participants include:

"Upon my arrival, I was met by a patient representative who explained the process. Everybody was very helpful and nice.
A great experience!"

- ♥ *CBC (complete blood count)*
- ♥ *CMP (complete metabolic profile)*
- ♥ *Cholesterol levels (fasting lipid profile)*
- ♥ *Fasting glucose level*
- ♥ *Chest x-ray*
- ♥ *Series of Pulmonary Function Tests*
- ♥ *EKG*

"The staff was very professional and seemed to take a sincere interest in me. This is the best experience I have ever had in a hospital. Thank you."

Participants will meet with one of Deborah's specialty cardiologists and may also be given—based on risk factors, current state of health and initial diagnostic test results—additional tests for assessment and evaluation.

Program participants returning on an annual basis or less than 3 years will receive:

- ♥ *Cholesterol (fasting lipid profile)*

"I have already started recommending your program to colleagues. Thank you."

"Everyone was great. I should have done this sooner. It's a great program/offer. Thanks again."

DEBORAH®
Heart and Lung Center